



**RIVERVIEW ADULT DAY CENTER**  
**ACTIVITY SCHEDULE**  
**March, 2010**



<b>TIME/ DATE</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>7:30-9:00</b>	<b><i>Coffee, Socialize, Early News, &amp; Current Events</i></b>				
<b>9:30</b>	<b><i>Group &amp; Individual Activities</i></b>				
<b>3/01 – 3/05</b>	Shuffleboard	Bean Bag Toss	Ring Toss	Targetball	Toss-a-Cross
<b>3/08 – 3/12</b>	Golf	Bocce Ball	Basketball	Darts	Bowling
<b>3/15 – 3/19</b>	Horseshoes	Dice Roll	Don't Forget to Wear Green!	Drop in the Bucket	Targetball
<b>3/22 – 3/26</b>	Targetball	Toss-a-Cross	Darts	Golf	Bocce Ball
<b>3/29- 3/31</b>	Bocce Ball	Golf	Horseshoes		
<b>11:00</b>	<b><i>Movement, Stretching, Exercise</i></b>				
<b>11:45</b>	<b><i>Mental Stimulation</i></b>				
<b>3/01 – 3/05</b>	Colonial Jingo	Tell All	Uno	Puzzlers	Springtime Jingo
<b>3/08 – 3/12</b>	Remember When?	Shamrock Triples	I Love America Jingo	Nutrition Quiz	Can You List This?
<b>3/15 – 3/19</b>	U.S. Geography Jingo	St. Patricks Day: History and Traditions	Springtime Jingo	This was the Year: 1944	Make Your Point
<b>3/22 – 3/26</b>	Presidential Jingo	Healthy Humor	Craft: Spring Placemats	"Antiques" Road Show	Bingo
<b>3/29- 3/31</b>	Sing-a-Long	Springtime Jingo	Music Bingo		
<b>12:00</b>	<b><i>Lunch (Menu available if requested)</i></b>				
<b>1:00</b>	<b><i>Relaxation &amp; Rest (Opportunity to watch a relaxing video, rest, or participate in 1:1 activities)</i></b>				
<b>2:00</b>	<b><i>Active Group Activities</i></b>				
<b>3/01 – 3/05</b>	Horseshoes	Stickball	Drop in the Bucket	Dice Roll	Darts
<b>3/08 – 3/12</b>	Drop in the Bucket	Volleyball	Handpaddle Ball	Ring Toss	Poker Darts
<b>3/15 – 3/19</b>	Darts	Goggle Ball Toss	Horseshoes	Bean Bag Toss	Ring Toss
<b>3/22 – 3/26</b>	Bean Bag Toss	Dice Roll	Shuffleboard	Handpaddle Ball	Drop in the Bucket
<b>3/29- 3/31</b>	Targetball	Volleyball	Darts		
<b>3:00</b>	<b><i>Snack (Menu available if requested)</i></b>				
<b>3:15</b>					
<b>3/01 – 3/05</b>	Dominoes	Bingo	Sorry	Bingo	Uno
<b>3/08 – 3/12</b>	Match Game	Uno	Yahtzee	Bingo	Bingo
<b>3/15 – 3/19</b>	Bingo	St. Patricks Day Celebration	Match Game	Bingo	Uno
<b>3/22 – 3/26</b>	Yahtzee	Bingo	Uno	Screamo	Dominoes
<b>3/29- 3/31</b>	Bingo	Match Game	Dominoes		
<b>4:00</b>	<b><i>Independent Activites/I:1 Activities</i></b>				

